



### SPRINT Age Group Results for FEMALE 16 - 29

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	47	IRIS VAN HOUTEN	07:00:01.599	00:30:01.483	00:01:47.084	00:49:49.014	00:00:47.021	00:25:09.509	00:00:00.000	01:47:34.111
2	41	GIOVANNA WERNET	07:00:01.599	00:27:35.437	00:00:55.765	00:55:18.745	00:00:41.671	00:26:47.651	00:00:00.000	01:51:19.269

### SPRINT Age Group Results for FEMALE 40 - 49

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	33	VANESA LARA	07:00:01.599	00:29:22.309	00:01:22.916	00:57:14.350	00:00:58.053	00:23:57.676	00:00:00.000	01:52:55.304

### SPRINT Age Group Results for MALE 16 - 19

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	48	DYLAN GIEL	07:00:01.599	00:17:47.319	00:00:27.485	00:37:04.248	00:00:29.488	00:14:23.964	00:00:00.000	01:10:12.504
2	46	JAY LENZ	07:00:01.599	00:20:03.386	00:00:52.354	00:34:09.870	00:00:43.610	00:14:56.696	00:00:00.000	01:10:45.916
3	42	GREGORY WERNET	07:00:01.599	00:19:04.172	00:00:24.307	00:42:03.654	00:00:27.386	00:18:56.084	00:00:00.000	01:20:55.603
4	43	JHON ROBERT LEON	07:00:01.599	00:19:46.190	00:00:32.423	00:46:33.437	00:00:41.536	00:17:34.053	00:00:00.000	01:25:07.639
5	50	EGMOND JR MOLINA	07:00:01.599	00:25:26.157	00:00:36.314	00:44:55.473	00:00:24.510	00:18:54.552	00:00:00.000	01:30:17.006

### SPRINT Age Group Results for MALE 20 - 29

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	20	JHONATHAN KOCK	07:00:01.599	00:24:09.466	00:00:58.568	00:52:36.604	00:00:48.837	00:19:27.094	00:00:00.000	01:38:00.569

### SPRINT Age Group Results for MALE 30 - 39

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	45	WESLEY VELTMAN	07:00:01.599	00:22:25.279	00:00:34.074	00:44:42.565	00:00:20.390	00:18:30.752	00:00:00.000	01:26:33.060

### SPRINT Age Group Results for MALE 40 - 49

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	23	LENNART DE BIE	07:00:01.599	00:20:36.417	00:00:44.617	00:38:05.305	00:00:45.199	00:15:41.242	00:00:00.000	01:15:52.780
2	44	WIEBREN VAN DIJK	07:00:01.599	00:22:25.355	00:00:35.569	00:44:42.652	00:00:17.990	00:15:52.936	00:00:00.000	01:23:54.502

### SPRINT Age Group Results for MALE 50 - 59

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	51	HERMAN JANSEN	07:00:01.599	00:21:10.424	00:00:41.776	00:39:51.773	00:00:41.478	00:16:07.502	00:00:00.000	01:18:32.953
2	39	ELTON PAULA	07:00:01.599	00:22:14.425	00:01:33.883	00:49:44.123	00:00:37.141	00:16:12.250	00:00:00.000	01:30:21.822

### SPRINT Age Group Results for MALE 60+

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Penalty	Finish
1	52	ALEX TROMP	07:00:01.599	00:34:20.542	00:02:16.660	01:02:47.654	00:01:56.894	00:26:26.502	00:00:00.000	02:07:48.252