



NATIONAL SPRINT DUATHLON
September 17, 2023
Boca Catalina

SPRINT Age Group Results for FEMALE UNDER 30

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Finish
1	8	MADISON WILLIAMS	07:00:03.387	00:23:37.354	00:00:27.200	00:55:18.018	00:00:40.426	00:15:51.491	01:35:54.489

SPRINT Age Group Results for MALE 16 - 19

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Finish
1	1	CHRISTIAAN JANSEN	07:00:03.387	00:16:47.874	00:00:15.263	00:33:57.741	00:00:21.381	00:10:19.151	01:01:41.410
2	3	RICHARD SOTELO	07:00:03.387	00:17:32.047	00:00:13.053	00:36:30.048	00:00:18.816	00:12:28.735	01:07:02.699
3	5	ZAIR CROES	07:00:03.387	00:17:56.693	00:00:16.962	00:37:45.499	00:00:24.973	00:11:33.511	01:07:57.638
4	4	GREGORY WERNET	07:00:03.387	00:18:43.970	00:00:16.680	00:40:43.216	00:00:16.033	00:12:58.700	01:12:58.599

SPRINT Age Group Results for MALE 30 - 39

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Finish
1	12	JESUS GALEA	07:00:03.387	00:18:04.688	00:00:48.964	00:42:40.068	00:00:44.613	00:11:39.200	01:13:57.533
2	9	JOHN MOOIMAN	07:00:03.387	00:22:18.654	00:01:02.784	00:38:31.038	00:00:28.891	00:13:01.491	01:15:22.858

SPRINT Age Group Results for MALE 40 - 49

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Finish
1	15	THEODORE (TED) JOHNSON	07:00:03.387	00:22:54.269	00:01:35.327	00:40:58.367	00:01:05.822	00:14:53.604	01:21:27.389

SPRINT Age Group Results for MALE 50 - 59

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Finish
1	11	LUCIEN DIRKSZ	07:00:03.387	00:21:50.252	00:00:21.893	00:36:26.963	00:00:27.750	00:16:46.458	01:15:53.316
2	10	JUNIOR SEMEREL	07:00:03.387	00:23:05.457	00:00:49.049	00:45:15.440	00:00:27.438	00:18:00.737	01:27:38.121

SPRINT RELAY Age Group Results for MIXED RELAY

Position	Bib	Name	Start	Run	T1	Bike	T2	Run	Finish
1	99	LANA GOBERT / JENDIOMAR GONZALEZ	07:00:03.387	00:19:34.373	00:00:08.280	00:38:58.298	00:00:15.607	00:11:33.698	01:10:30.256