



GG OFF ROAD NATIONAL TRIATHLON

November 3rd, 2019

Arashi Beach

Age Group Sprint

SPRINT Age Group Results for Male 15 - 19

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 67 | VAN HELMOND MAX | 07:17:01.970 | 00:09:39.804 | 00:00:50.652 | 00:36:43.283 | 00:00:39.533 | 00:18:49.969 | 01:06:43.241 |

SPRINT Age Group Results for Male 20 - 29

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|---------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 71 | MARTIEN SANDRO | 07:17:01.970 | 00:09:56.759 | 00:01:18.885 | 00:46:58.306 | 00:00:32.904 | 00:22:08.651 | 01:20:55.505 |
| 2 | 68 | CHEONG CHEE KONG | 07:17:01.970 | 00:12:35.945 | 00:00:29.825 | 00:45:30.799 | 00:00:24.270 | 00:21:54.832 | 01:20:55.671 |
| 3 | 69 | QUANDT BRYAN JAMMIE | 07:17:01.970 | 00:11:53.776 | 00:02:11.150 | 00:45:04.737 | 00:00:48.187 | 00:26:28.691 | 01:26:26.541 |

SPRINT Age Group Results for Male 30 - 34

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 39 | EMAN TREVOR | 07:17:01.970 | 00:10:34.168 | 00:01:13.582 | 00:51:01.011 | 00:01:12.243 | 00:29:49.988 | 01:33:50.992 |

SPRINT Age Group Results for Male 35 - 39

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 80 | VROLIJK VICTOR | 07:17:01.970 | 00:12:08.861 | 00:01:08.940 | 00:35:24.525 | 00:00:50.106 | 00:21:25.790 | 01:10:58.222 |
| 2 | 75 | TROMP FARLEY | 07:17:01.970 | 00:12:01.736 | 00:00:39.903 | 00:39:48.596 | 00:00:44.461 | 00:21:26.927 | 01:14:41.623 |
| 3 | 81 | GEERMAN GERARD | 07:17:01.970 | 00:13:30.927 | 00:01:33.079 | 00:43:16.860 | 00:00:29.998 | 00:25:15.395 | 01:24:06.259 |
| 4 | 73 | TROMP LUDWIG | 07:17:01.970 | 00:12:01.512 | 00:01:35.354 | 00:45:59.315 | 00:00:29.849 | 00:24:25.755 | 01:24:31.785 |

SPRINT Age Group Results for Male 40 - 44

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|-------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 83 | VISSER JONATHAN | 07:17:01.970 | 00:10:01.111 | 00:01:02.465 | 00:38:22.048 | 00:00:43.862 | 00:23:05.870 | 01:13:15.356 |
| 2 | 36 | FERNANDEZ JERUSHO | 07:17:01.970 | 00:12:19.861 | 00:01:01.002 | 00:45:47.759 | 00:01:08.253 | 00:25:26.804 | 01:25:43.679 |
| 3 | 85 | JOHNSON THEODORE | 07:17:01.970 | 00:11:54.789 | 00:01:04.682 | 00:48:45.240 | 00:00:50.271 | 00:26:23.520 | 01:28:58.502 |
| 4 | 84 | COFFIE VIANNY | 07:17:01.970 | 00:14:51.167 | 00:01:03.884 | 00:47:46.047 | 00:01:05.983 | 00:26:50.633 | 01:31:37.714 |

SPRINT Age Group Results for Male 45 - 49

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 87 | BARTH KURT | 07:17:01.970 | 00:10:20.815 | 00:00:59.781 | 00:41:17.891 | 00:00:41.144 | 00:22:40.664 | 01:16:00.295 |

SPRINT Age Group Results for Male 50 - 59

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 93 | VAN VLIET GERT | 07:17:01.970 | 00:10:22.833 | 00:00:42.727 | 00:34:10.963 | 00:00:37.733 | 00:21:31.173 | 01:07:25.429 |
| 2 | 82 | DIRKSZ LUCIEN | 07:17:01.970 | 00:10:53.288 | 00:00:21.334 | 00:38:00.257 | 00:00:27.546 | 00:21:09.183 | 01:10:51.608 |
| 3 | 89 | CRAMER ARMAND | 07:17:01.970 | 00:10:15.978 | 00:00:48.558 | 00:43:41.055 | 00:00:37.108 | 00:26:59.766 | 01:22:22.465 |
| 4 | 95 | FRANKEN RENE | 07:17:01.970 | 00:13:36.047 | 00:00:58.883 | 00:45:33.779 | 00:00:47.247 | 00:23:59.096 | 01:24:55.052 |
| 5 | 90 | CROES GLENN | 07:17:01.970 | 00:15:10.486 | 00:01:22.619 | 00:47:47.176 | 00:00:30.812 | 00:27:01.514 | 01:31:52.607 |

SPRINT Age Group Results for Male 60+

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 100 | TROMP ALEX | 07:17:01.970 | 00:14:46.201 | 00:01:49.951 | 00:59:24.118 | 00:01:58.731 | 00:30:17.721 | 01:48:16.722 |

SPRINT Age Group Results for Relay Open

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|--|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 92 | DEN DUNNEN/SERVANI/BELONY BERNARD/RAYMOND/PAUL | 07:17:01.970 | 00:10:21.150 | 00:00:18.390 | 00:35:33.597 | 00:00:15.103 | 00:17:25.844 | 01:03:54.084 |
| 2 | 96 | ARENDS/GEERMAN/MORALES NATHAN/ERROL/AJEEM | 07:17:01.970 | 00:09:58.080 | 00:00:23.421 | 00:41:06.645 | 00:00:14.485 | 00:24:43.069 | 01:16:25.700 |
| 3 | 97 | MADURO/SMOLDERS/SHERWOOD MEIER/MAYRA/VINCENT | 07:17:01.970 | 00:12:23.570 | 00:00:26.207 | 00:59:13.780 | 00:00:17.612 | 00:28:35.798 | 01:40:56.967 |

SPRINT Age Group Results for Female 40-49

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 59 | LABMAYER BIRGIT | 07:17:01.970 | 00:11:18.471 | 00:00:44.280 | 00:43:01.109 | 00:00:20.874 | 00:24:03.936 | 01:19:28.670 |

SPRINT Age Group Results for Female 50+

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 60 | POSTMA SANDRA | 07:17:01.970 | 00:13:09.847 | 00:01:15.081 | 00:47:29.779 | 00:01:46.296 | 00:27:22.629 | 01:31:03.632 |

SPRINT Age Group Results for Relay Female

| Position | Bib | Name | Start | Swim | T1 | Bike | T2 | Run | Finish |
|----------|-----|-------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 98 | KOCK/BOSSONG/RAS NOHELY/ELISE/THAIS | 07:17:01.970 | 00:13:08.557 | 00:00:19.323 | 00:44:11.362 | 00:00:15.582 | 00:36:10.993 | 01:34:05.817 |