

**Guardian Group Duathlon Nacional**  
**Junior/Adults: Run 5 km - Bike 20 km - Run 3 km**  
**Kids: Run 2.5 km - Bike 10 km - Run 1.5 km**  
**Breakdown Resultado pa categoria**

15 di september 2013

Kids Male till 10			Tempo		
nr.	Number		Run	Bike	Final
1	6	Giannon Eights	10.16.95	29.10	34.08
2	1	Jeandrick Croes	10.17	29.35	34.26
3	4	Declan Tham	13.35.26	38.59	47.38
4	2	Lucas Ingwersen	15.16	54.19	1.02.40

Kids Male 11-14			Tempo		
nr.	Number		Run	Bike	Final
1	9	Gabriel Thielman	8.15	23.55	30.35
2	8	Brandon Tham	10.03	25.20	35.30

62	Michele Tham	13.35.76	39.04	47.42	1/2 Dist.
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Male 15-19			Tempo		
nr.	Number		Run	Bike	Final
1	117	Chester Hill	16.55	49.06	58.29
2	112	Renze Postma	17.08	49.05	58.38
3	116	Justice Dreischor	18.10.56	53.19	1.06.42

Male 20-29			Tempo		
nr.	Number		Run	Bike	Final
1	136	Sean Toppenberg	23.54	1.03.33	1.18.42
2	139	Marlon Jansen	24.11	1.03.18	1.24.58
3	140	Marwin Jansen	24.11	1.13.24	1.29.18

Male 30-39 aña			Tempo		
nr.	Number		Run	Bike	Final
1	144	Bryan Lopes	19.03	53.03	1.04.42
2	143	Victor Vrolijk	21.54	55.44	1.07.36
3	145	Romar Arendsz	19.26	57.40	1.09.57
4	141	Gino Hodge	17.24	DNF	

Male 40-49 aña			Tempo		
nr.	Number		Run	Bike	Final
1	146	Michel Roos	18.10.56	51.52	1.02.39
2	148	Mario Nooijen	18.47.30	52.51	1.03.20
3	147	Marc Ingwersen	19.29	54.29	1.06.16
4	149	Martijn Balkestein	20.55	1.00.17	1.13.01
5	155	Patrick Maduro	26.59	DNF	

Male 50+			Tempo		
nr.	Number		Run	Bike	Final
1	157	Leo Ponson	25.20	1.07.01	1.23.08
2	156	Rubert Ammerlaan	30.35	1.20.46	1.31.27

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Female Open			Tempo		
nr.	Number		Run	Bike	Final
1	127	Shariska Winterdaal	20.34	1.05.01.28	1.16.49
2	135	Doreen Kralick	23.28	1.05.01.86	1.19.07
3	132	Sandra Postma	25.28	1.07.28	1.22.27
4	134	Annelaine Jacobs	26.12	1.11.31	1.28.16
5	131	Marilyn Maduro	29.49	DNF	

Relay Open			Tempo		
nr.	Number		Run	Bike	Final
1	124	Jonathan Ramada Igor Kock	18.47	53.01	1.02.45
2	113	Jason Zievinger Jurgen Henriquez	19.05	53.15	1.03.04
3	111	Emigdio Montanez Axel Tromp	18.02	57.25	1.07.09
4	126	Kenneth Leest Clinton Figaroa	19.53	1.00.14	1.10.37
5	125	Rob de Zwart Xiqu Croes	23.30	1.17.05	1.29.46

Relay Kids			Tempo		
nr.	Number		Run	Bike	Final
1	19	Gilia Croes Benay Statia	10.14	25.27	31.38
2	13	Jay Zievinger Joshua Krozendijk	11.30	30.03	34.17
3	18	Endhino Gieske Malcolm Hamen	12.16	31.36	38.37
4	5	Taïno Balkestein Channah Statia	11.48	33.33	40.21